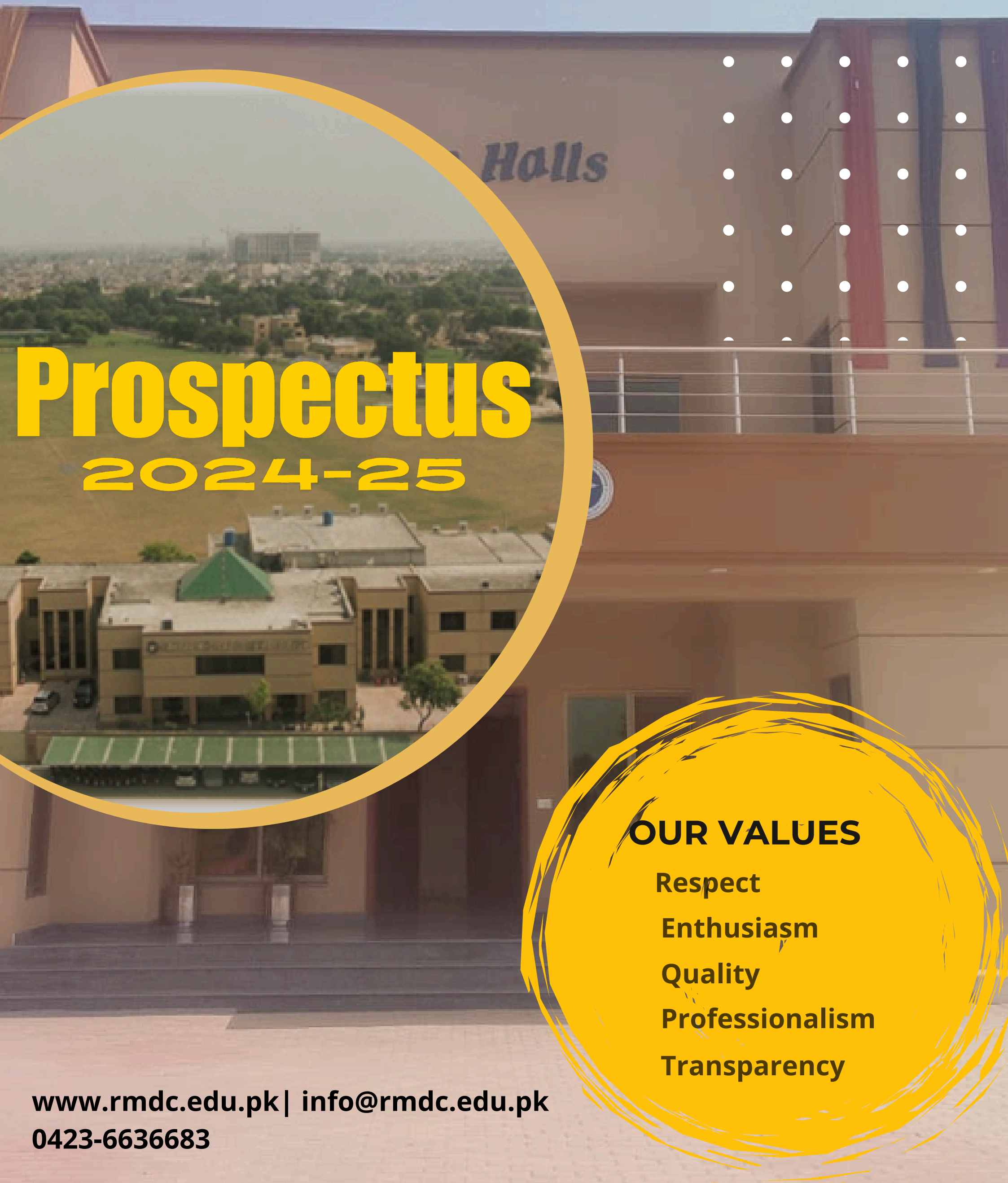


RAHBAR MEDICAL & DENTAL COLLEGE LAHORE



ISO CERTIFIED 9001:2015
CATEGORY "A" MEDICAL COLLEGE



Prospectus 2024-25

OUR VALUES

- Respect
- Enthusiasm
- Quality
- Professionalism
- Transparency

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R M D C

Vision & Mission

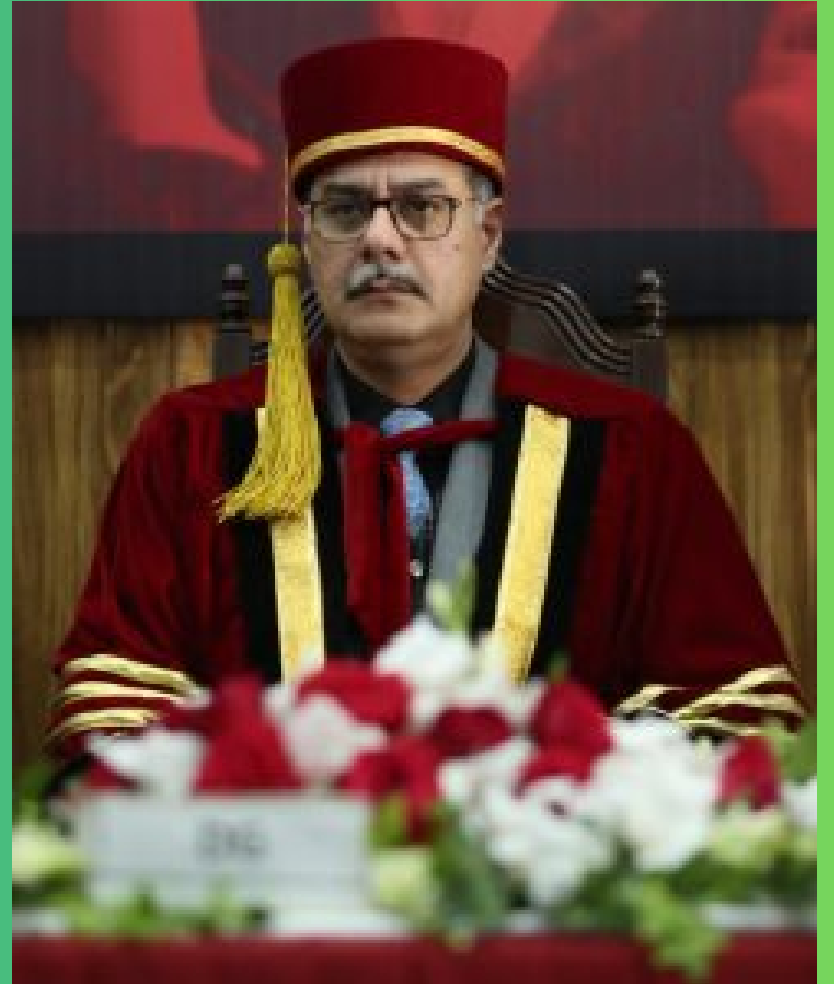
VISION

RMDC Vision will be to Keep its medical graduates adept with emerging global health challenges, educational methodologies and technological advances to maintain its position as a leading medical college of Pakistan.

MISSION

To Produce Competent Physicians through quality health education, research training and altruism. We prioritize lifelong learning, professional development, social accountability contextually and globally.

Message



CHAIRMAN

It is an honor for an institution to greet its fresh enrolments as medical scholars. I, as Chairman of Rahbar Medical and Dental College welcome 11th MBBS batch to our institution. It is in fact your first step towards a lifelong learning journey of a prestigious career. I would like to congratulate you for selecting a noble and honorable profession.

It is an exceptional time to study medicine as modern era of evidence based medicine has revolutionized the concept of human health. It is because of the reason that now medicine is science as well as an art of healing. Latest research and rapid advancements have not only opened new horizons but brought newer challenges too. In this scenario, the foremost challenge confronting our nation is disproportionate healthcare services.

I am delighted to have you at RMDC with a hope that you will be the catalyst of change for our beloved country. Let your journey begin with a missionary zeal and pray "RABBI ZIDNI ILMA".

May Allah (SWT) be with us, today and always (Ameen).

Major General
Muhammad Atif Bin Akram
Chairman,
Rahbar Medical & Dental College

Message



MD PRPF

Rahbar Medical & Dental College is “Category A” Medical Colleges by Pakistan Medical & Dental Council and is also an ISO 9001:2015 certified medical college. It is indeed a great achievement. RMDC is now a first-class medical college. The faculty, staff and students are rightly proud of being associated with it.

I am delighted to have you at RMDC with a hope that you will be the catalyst of change for our beloved country. I assure you and your parents that your stay in RMDC will be enjoyable, productive, and memorable, In sha Allah.

With best wishes and duas,

Brig Ammad Arshad (Retd) SI (M)
Managing Director Pakistan Rangers (Punjab) Foundation

Message



PRINCIPAL

I am honoured to welcome you at **RAHBAR MEDICAL AND DENTAL COLLEGE**. Our institution has a rich history of producing outstanding medical professionals. We believe that medical education is more than just learning; it is a nurturing ground for future doctors, researchers, and healthcare leader. Our dedicated faculty members, state-of-the-art learning environment, and commitment to excellence ensure that you receive the best set of knowledge, skills, and attitudes to embark on a fulfilling career.

We also emphasize values of compassion, empathy, and ethical practice, which are at the core of the medical profession.

As you embark on this journey, join a community of like-minded individuals who share your passion for healing and a commitment to improving the well-being of society. We believe in fostering an environment of collaboration, innovation, and continuous learning. I believe that RMDC has the resources, values, and vision to help you realize your aspirations in the field of medicine. We strongly believe that “Medicine” is not a profession. it’s rather a passion.

Prof. Dr Zahid Kamal Siddiqui
Principal Rahbar Medical & Dental College

Message



MS P R T H

Rahbar Medical and Dental College, Lahore is a beacon of excellence in Medical education, where the art of healing meets the science of innovation. As you embark on this transformative journey, we invite you to join our vibrant community of scholars, clinicians, and researchers, who are passionate about shaping the future of health care. Our undergraduate programs, crafted with meticulous care, offer a rich tapestry of academic rigor, clinical exposure, and research opportunities, designed to nurture the next generation of medical leaders.

Rahbar Medical and Dental College is supported by 710-bedded Pakistan Rangers Teaching Hospital, Lahore, providing comprehensive medical care to patients from all walks of life. It is well equipped with state-of-the-art, cutting-edge diagnostic technology, including MRI, CT scan, ultrasound, and advanced laboratory, where you will discover a world of limitless possibilities, critical thinking, and compassionate coverage. We have renowned healthcare specialists in their respective fields, guiding students in their academic and professional journey, and a dedicated team of doctors providing round-the-clock medical care to patients. There is interdisciplinary collaboration fostering a culture of teamwork among doctors, nurses, and other health care professionals. Undergraduate and postgraduate programs are offering a wide range of academic programs in all fields. Regular conferences and workshops providing a platform for students and faculty to showcase their research and learn from experts in the fields.

Join us, and become part of a legacy of excellence, as we empower you to achieve your dreams and make a meaningful difference in the lives of others.

Brig Dr. Aftab Ahmed (Retd)
MS Punjab Rangers Teaching Hospital





ABOUT RMDC

Rahbar Medical & Dental College (RMDC), established in 2012, is an institution committed to excellence in medical education. Since April 2013, RMDC has been affiliated with the University of Health Sciences (UHS), Lahore. The college gained formal recognition from the Pakistan Medical & Dental Council (PMDC) on 17th February 2014, and from the Ministry of National Health Services, Regulation & Coordination, Government of Pakistan, on 12th February 2015. In February 2017, ownership of the college was transferred to the Punjab Rangers.

The RMDC campus is situated within the secure and tranquil premises of the Punjab Rangers Headquarters, located on the dual carriage Harbanspura Road, just a 5-minute drive from Allama Iqbal International Airport, Lahore. The college's purpose-built campus is a blend of modern architecture and functional design, ensuring accessibility and comfort. Constructed in accordance with PMDC guidelines, RMDC is equipped with state-of-the-art educational facilities, including lecture theatres, demonstration rooms, laboratories, museums, a skills lab, a library, an auditorium, and staff offices, all meeting the latest teaching standards.

Adjacent to the college, across the road, is the Punjab Rangers Teaching Hospital (PRTH), a 551-bed tertiary care facility. PRTH serves a diverse patient population from across the country and provides comprehensive training opportunities for RMDC students, ensuring a robust clinical education. With cutting-edge infrastructure and a commitment to fostering the next generation of healthcare professionals, RMDC continues to strive for academic excellence and the holistic development of its students.



ANATOMY



Professor Dr. Qurratulain is head of the department, she is PhD in Anatomy, with a vast teaching and administrative experience in medical institutes. She has 30 years of teaching experience. Presently involved in various activities with University of Health sciences. She is one of contributors in developing integrated Modular curriculum at UHS and she is also member of Review committee of UHS Modular system. She remained Member of BSHG (British Society of Human Genetics UK). She also remained FAIMER Member (Foundation for Advancement of International Medical Education & Research UK).

Department of Anatomy is fully equipped as per PMDC guidelines. It has a spacious dissection hall, latest mortuary and a well-established museum. Cross sectional torso is also available for teaching of cross-sectional anatomy. The histology laboratory is furnished with high quality binocular and projection microscopes. Faculty of the department is well trained for Modular integrated system. Department works extensively to update different integrated teaching and learning strategies. Students are exposed to PBLs, CBLs, Seminars and conferences



PHYSIOLOGY



The Department of Physiology at Rahbar Medical & Dental College is a center of academic excellence, dedicated to fostering a deep understanding of human physiology through interactive and research-driven learning. The department is headed by Dr. Rafique Ahmad Khan, a highly esteemed subject specialist with over 27 years of teaching experience at prestigious institutions across Punjab. Dr. Rafique has been part of the department for more than twelve years, and his expertise is recognized through his role as an examiner for several prominent universities, including UHS, UOL, Superior University, and NUMS. In addition, he is also responsible for managing the students' internal assessments, ensuring rigorous academic standards are met.

The department boasts a fully equipped laboratory and state-of-the-art PowerLabs, designed to nurture a research-oriented mindset among students. The integration of advanced teaching methodologies enables students to gain practical knowledge alongside theoretical insights, making the learning process highly interactive.

The department is fortunate to have two PhD-qualified faculty members, actively contributing to both teaching and research. Current research endeavors include ongoing studies with 4th-year students focusing on cell phone addiction and its correlation with daytime sleepiness. Faculty members are also investigating the effects of exam stress on medical students. Another significant research project is being conducted with 2nd-year students, comparing the integrated modular system of education with the conventional teaching system, aiming to evaluate its impact on medical education.

The Department of Physiology provides an excellent platform for undergraduate students to thrive, with access to modern resources and expert guidance, laying a strong foundation for their future medical careers.



BIOCHEMISTRY



Biochemistry Department has a State of the art Laboratory which is managed by a qualified and experienced Technical Staff. It has a capacity to provide practical training to fifty students at one time. The equipment includes Microlab, Chemistry auto analyzers, Spectrophotometer, Electrophoresis system, Thermo cycler, Hot air oven, Electrical water distillation apparatus, Centrifuge Machine, controlled temperature water bath, Olympus Microscopes.

Department is headed by Prof. Dr. Asima Malik who did M.Phil. (Biochemistry) in 1992 from Punjab University. She has teaching experience of 35 years in various prestigious Public Sector Medical Colleges like Fatima Jinnah Medical University (Asst. Professor / Professor), King Edward Medical University (Associate Professor) and Post Graduate Medical Institute Lahore (Professor).



PHARMACOLOGY



Pharmacology & Therapeutics is well equipped and designed as per PMDC guidelines. It has a well-established laboratory, museum and animal house. The laboratory contains high tech equipment, which is used to observe the effects of different drugs on different organs in animals. It forms the basis of research for the students and embeds in them the concept of keen observation, experimentation and adverse drug reactions related to the treatment of different diseases with drugs. The department is highly organized and has an integrated, clinical oriented, interactive teaching schedule.

It is headed by **Dr Mushtaq Ahmed Professor** in Pharmacology, who has more than 24 years of teaching experience in Public Medical Colleges. He has five Publications to his credit.



FORENSIC MEDICINE & TOXICOLOGY



Forensic Medicine is the branch of science which helps the law in searching for the truth to maintain justice in the society. The Department of Forensic Medicine and Toxicology is Headed By **Prof. Dr. Arif Rasheed Malik** & working with the aim of equipping the medical students with the essential knowledge to meet the upcoming challenges advance technology and new techniques in forensic sciences.

The museum of the department is well-equipped having models, specimens, instruments and other exhibits like, X-Rays of medico-legal nature and specimen of poisons, weapons etc. Thus, imparting knowledge and contributing to other teaching and training facilities directed to the under graduate students.

The department has well-furnished and well-equipped Analytical Laboratory dealing with teaching and training in areas of Forensic Toxicology, Forensic Serology, Forensic Anatomy, and Forensic Radiology. For Practical orientation, the students visit KEMU/AIMC for Autopsy and Medico Legal training, Institute of Mental Health, the Session Court and Punjab Forensic Science Agency Lahore



BEHAVIOURAL SCIENCES



The Department of Psychiatry & Behavioral Sciences at RMDC is Headed by Prof. **Brig(R) Dr. Shahid Rashid**. Dept is a well-established unit that provides comprehensive, solution-focused clinical services. These services include individual and group counseling, aimed at addressing a wide range of psychological, emotional, and behavioral issues. In addition to offering direct clinical care, the department plays a key role in the training and supervision of faculty, staff, and students, fostering an environment of continuous professional development and mental health awareness.

A significant initiative of the department is the establishment of a dedicated Student Counseling Center, a proactive measure aimed at supporting the mental health and well-being of students. This center is designed to provide timely and confidential support to students, helping them manage stress, anxiety, and other challenges commonly encountered in academic and professional life. Through personalized counseling and mental health programs, the center aims to cultivate a resilient, professional, and positive mindset in students, equipping them to face future challenges with confidence and emotional stability.

By integrating clinical expertise with academic mentorship, the Department of Psychiatry & Behavioral Sciences is not only addressing immediate mental health concerns but is also laying the foundation for long-term emotional well-being and professional growth. This holistic approach ensures that students receive the support they need to excel both personally and professionally in the demanding field of healthcare.



PATHOLOGY



Department of Pathology is one the best out of all public and private medical colleges. It has state of art Histopathology, Microbiology, Hematology and chemical pathology labs. It has a fully functional clinical pathology lab and blood bank in Pakistan Rangers Central hospital. The department is well equipped as per the requirement of PM&DC. The pathology museum is well established and contains a large number of specimens.

Renowned pathologist, **Prof Dr Rozina Jaffar** is heading the department. He has more than 30 years teaching experience in pathology in various public and private sector colleges including Services Institute of Medical Sciences, King Edward Medical University, Sahiwal Medical College and Punjab Institute of Cardiology. As examiner in the subject of pathology he is on the Panel of various Medical Universities and Medical Colleges. He has more than 10 Publications to his credit in various reputable journals.



COMMUNITY MEDICINE



As the Head of the Community Medicine Department, I am committed to fostering an environment that encourages curiosity, critical thinking, and compassion. Our dedicated faculty members are here to guide you through your academic journey and provide mentorship as you develop into compassionate and skilled healthcare professionals.

Community Medicine is a cornerstone of medical education, focusing on the health and well-being of populations. Our department is dedicated to providing comprehensive training that equips students with the knowledge and skills necessary to address public and community health challenges, preventive medicine and contribute meaningfully to their health and healthcare stem.

On behalf of the Community Medicine Department, I am delighted to extend a warm welcome to you as you consider joining RMDC MBBS program. It is my pleasure to introduce you to the vibrant and dynamic academic community that defines our department.

The department is headed by highly qualified and experienced **Professor Dr. Noreen Rahat Hashmi**. She has extensive work experience both nationally and internationally, and is actively involved in research projects. She has to her credit 19 research articles published in local as well as international journals.



MEDICINE & ALLIED



The Department of Medicine and Allied Specialties has evolved into a state-of-the-art facility, employing advanced teaching methodologies to ensure excellence in both diagnostic and clinical education. The department encompasses all major medical specialties, providing exposure to a wide range of acute and chronic conditions that enhance the learning experience for medical students. A fully functional, well-equipped, and expertly staffed Medical Intensive Care Unit (ICU) is also in operation at Punjab Rangers Teaching Hospital, offering critical care services for severely ill patients. The department is headed by **Brig. (R) Dr. Muhammad Tahir**, who brings a wealth of experience in clinical practice and medical education.



SURGERY & ALLIED



The Department of Surgery at PRTH operates two fully equipped surgical units, delivering round-the-clock tertiary care and acute emergency services to patients. The department specializes in a wide range of major surgical procedures, including both minimally invasive and advanced surgeries. In addition to its clinical services, the department plays a key role in the education and training of undergraduate and postgraduate students, fostering academic excellence and hands-on learning.

Professor Dr. Sadaqat Ali Khan, a highly esteemed surgeon with over 38 years of experience in teaching and clinical practice, heads the Surgery and Allied Department. Prior to his current role, he served as Head of Department at King Edward Medical University and was the Project Director of the Surgical Tower at Mayo Hospital, Lahore, reflecting his significant contributions to both medical education and healthcare infrastructure.



GYNAECOLOGY & OBSTETRICS



The Department of Obstetrics and Gynecology is fully established in accordance with the guidelines set forth by the Pakistan Medical Dental Council (PMDC). It comprises two fully equipped units, complete with modern wards and high-tech labor rooms featuring advanced monitoring tools such as CTG (Cardiotocography) and ultrasound equipment. The department also includes a neonatal resuscitation room, a dedicated operation theater, and a newly established six-bed High Dependency Unit (HDU) to enhance patient care.

The department is headed by **Prof. Dr. Shahnaz Kausar**, a highly experienced professional with extensive service at multiple tertiary care public sector hospitals. She is the author of four books on Gynecology and Obstetrics, with a special interest in infertility and Gynecological Oncology. Dr. Kausar's expertise and leadership continue to advance the department's standards in both patient care and medical education.



PEDIATRICS



The Department of Pediatrics is a well-established and fully equipped facility that adheres to the Pakistan Medical and Dental Council (PMDC) requirements. It caters comprehensively to the pediatric population, providing both preventive and curative services. The department includes outpatient clinics, a vaccination center, a neonatal ICU, a pediatric ICU, a general ward, a diarrhea ward, an isolation ward, and an acute care room. Additionally, the department is accredited by the College of Physicians and Surgeons Pakistan (CPSP) for FCPS Part II training and is currently engaged in training and teaching postgraduate students.

The department is headed by **Professor Dr. Muhammad Ali Khan**, a distinguished Professor of Pediatric Medicine with extensive experience in both clinical practice and academic teaching at public medical institutions. He is an approved examiner and supervisor for FCPS, the Secretary of the Dengue Expert Advisory Group (DEAG) Punjab, and a member of the Polio Expert Review Committee of the World Health Organization (WHO). His leadership continues to uphold the department's high standards in medical education and patient care.



OPHTHALMOLOGY



The Department of Ophthalmology at Punjab Rangers Teaching Hospital is a well-established unit, fully equipped with advanced diagnostic and surgical tools in line with the Pakistan Medical Commission (PMC) requirements. Under the leadership of Professor **Dr. Zahid Kamal Siddiqui**, a distinguished ophthalmologist with vast clinical and teaching experience, the department provides cutting-edge care while serving as a hub for both medical education and patient treatment.

The department boasts a state-of-the-art eye operation theater, equipped with high-tech devices such as a Biometer and a Phacoemulsification machine—key tools for cataract surgeries and other ocular procedures. Additionally, the Operating microscope is integrated with a digital display, allowing medical students and trainees to observe live surgeries in real-time, enhancing their practical understanding of ophthalmic techniques.

In the diagnostic room, a range of sophisticated tools are available for comprehensive eye assessments. These include:

- A Slit Lamp with a digital display for detailed visualization of the anterior segment of the eye.
- A-Scan and B-Scan Ultrasonography, used for Qmeasurements and imaging.
- Optical Coherence Tomography (OCT), an advanced imaging technique for cross-sectional views of the retina.
- Visual Field Analyzer, for assessing peripheral vision, critical for diagnosing glaucoma and other optic nerve conditions.
- Fundus Fluorescein Angiography, which helps in the diagnosis and treatment of retinal disorders by visualizing blood flow in the retina.

In addition to providing top-tier ophthalmic care to the general public, the department functions as a tertiary care referral center for employees of the Pakistan Rangers (Punjab) and their dependents, as well as for non-entitled patients, reflecting its broad reach and contribution to the healthcare system.



OTORHINOLARYNGOLOGY



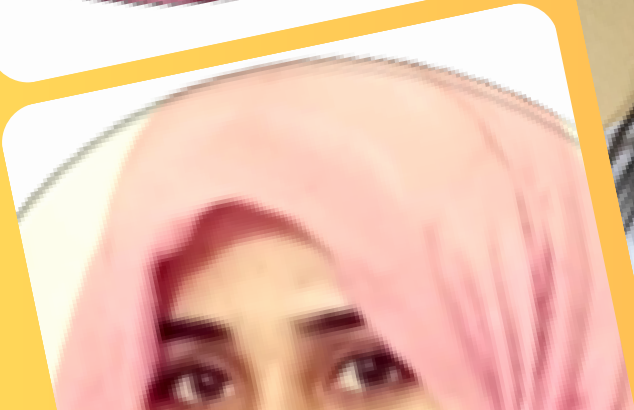
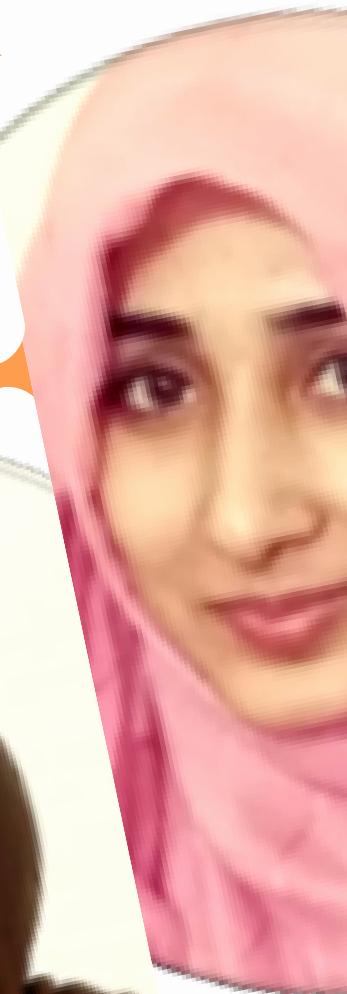
The Department of ENT at Punjab Rangers Teaching Hospital is equipped with the latest diagnostic and therapeutic facilities, providing comprehensive care for ear, nose, and throat disorders. The department offers otomicroscopic and endoscopic services, essential for minimally invasive ENT procedures. Additionally, it houses a state-of-the-art audiology laboratory, which delivers audiometry and related services, aiding in the diagnosis and management of hearing disorders.

As a center of excellence in ENT care, the department serves as a tertiary care referral center for both entitled and non-entitled patients, ensuring access to advanced diagnostic and surgical treatments. It also plays a crucial role in the education and training of medical students and residents, offering extensive hands-on learning opportunities.

The department is led by **Professor Dr. Manzoor Ahmad**, a distinguished ENT surgeon with over 29 years of teaching and clinical experience. Dr. Manzoor has held prestigious positions including Dean, Faculty of ENT at the College of Physicians and Surgeons Pakistan (CPSP) and the University of the Punjab. He has also served as the Dean of Surgery at Fatima Jinnah Medical University (FJMU) and has chaired the Dean's Committee at FJMU. His academic contributions are further reflected in his role as an examiner for FCPS and MS programs for over 20 years, demonstrating his commitment to nurturing the next generation of ENT specialists.



Positions &
DISTINCTION HOLDERS





H I G H A C H I E V E R S

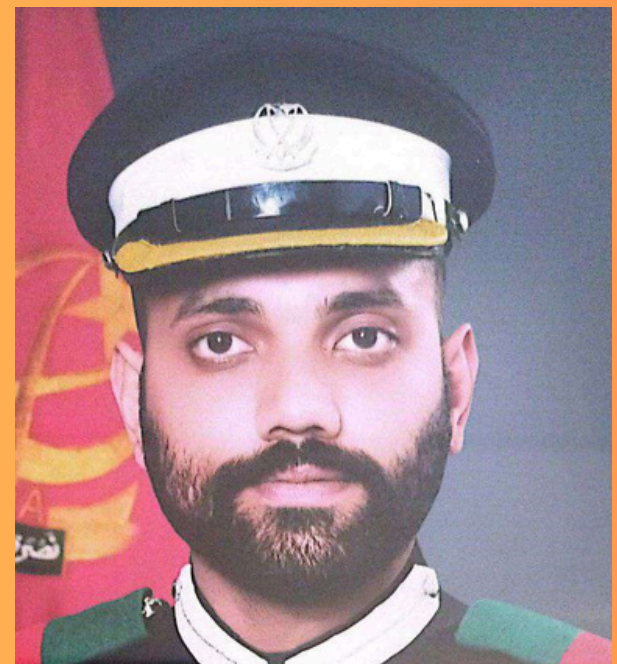


9 X Gold Medals on scoring 1st Position in Annual examinations, Silver Medal in 1st, 2nd & 4th Prof Annual examinations

Best Graduate of Rahbar Medical & Dental College for Session 2017



3rd Position in UHS Professional examination 2019



Graduate of Rahbar Medical and Dental College Got Commission in Pakistan Army

HIGH ACHIEVERS



Presented a scientific Paper at 66th Annual Meeting of Japan Society of Plastic & Reconstructive Surgery held at Nagasaki Japan in April 2023.



Anatomy

Dr Qurrat Ul Ain	Prof/ HOD	MBBS M.Phil DHPE PhD
Dr Shamsa Mohsin	Assoc Prof	MBBS, M.Phil
Dr. Uzma Waseem	Asst Prof	MBBS M.Phil
Dr Samina Munawar	Asst Prof	MBBS M.Phil
Dr Naeem Shahzad	Asst Prof	MBBS M.Phil
Dr Kanwal Khalid	Asst Prof	MBBS M.Phil
Dr Uzma Hassan	Snr Demo	MBBS, FCPS
Dr Urooj Humayun	Demo	MBBS
Dr. Tarab Aftab	Demo	MBBS
Dr Maira Anam	Demo	MBBS
Dr. Marium Naeem	Demo	MBBS
Dr Saba Sikandar	Demo	MBBS
Dr Farina Tahir	Demo	MBBS
Dr Musa Nadeem	Demo	MBBS

Physiology

Dr Rafique Ahmad Khan	Prof/ HOD	MBBS M.Phil
Dr Iram Qamer	Prof	BDS, Mphil, PhD
Dr Saima Rizwan	Prof	MBBS M.Phil
Dr Mah-e-Jabeen	Asst Prof	MBBS M.Phil
Dr Sara Naeem	Asst Prof	MBBS M.Phil
Dr. Ujala Ali	Snr Demo	MBBS CHPE MCPS M.Phil
Dr Mudassar Abbas	Demo	MBBS
Dr Umair Safdar	Demo	MBBS
Dr. Syeda Fatima Haroon Gillani	Demo	MBBS
Dr Maha Aslam	Demo	MBBS
Dr Qasim Ali	Demo	MBBS
Dr Sumera Tariq	Demo	MBBS

BIOCHEMISTRY

Dr Asima Malik	Prof/ HOD	MBB M.Phil
Dr. Riffat Yasmin	Prof	B.Sc M.Sc PhD
Dr Afshan Zareen Bilal	Assoc Prof	MBBS M.Phil
Dr. Marium Shoukat	Assoc Prof	MBBS M.Phil
Dr Nida Hafeez	Demo	MBBS
Dr Maham Qammar	Demo	MBBS
Dr Aqsa Yasin	Demo	MBBS
Dr Iqra Saleem	Demo	MBBS
Dr Hafiz Muhammad Usman	Demo	MBBS
Dr Mamuna Kanwal	Demo	MBBS

ISLAMIYAT

Prof Muhammad Ali	Prof	Masters
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PHARMACOLOGY

Dr Mushtaq Ahmed	Prof/ HOD	MBBS M.Phil
Dr Muhammad Ahmad Alamgir	Prof	MBBS DTCD M.Phil
Dr Qurrat Ul Ain Mehdi	Asst Prof	MBBS, M.Phil CHPE
Dr Marium Nadeem	Demo	MBBS, M.Phil
Dr Wafa Manzoor	Demo	MBBS
Dr Anum Iyaz	Demo	MBBS
Dr Uzma Shahid	Demo	MBBS
Dr Syeda Mehak Zahra	Demo	MBBS
Dr Tamseela Usman	Demo	MBBS
Dr Alishah Shahid	Demo	MBBS
Dr Iqra Mustafa	Demo	MBBS
Dr Ayesha Mehmood	Demo	MBBS

PATHOLOGY

Dr Rozina Jaffar	Prof/ HOD	MBBS M.Phil
Dr Mateen Izhar	Prof	MBBS FRCP Ph.D
Dr Nusrat Alavi	Assoc Prof	MBBS CHPE M.Phil
Dr Maliha Asif	Assoc Prof	MBBS M.Phil
Dr. Nidda Ayub	Asst Prof	MBBS M.Phil
Dr Aneela Khawaja	Asst Prof	MBBS, M.Phil
Dr Rukhsana Sajjad	Asst Prof	MBBS, M.Phil
Dr Aisha Qaiser	Asst Prof	MBBS FCPS
Dr.Sidra Shoukat	Snr Demo	MBBS CHPE FCPS
Dr Ayesha Bashir	Snr Demo	MBBS, FCPS
Dr Rufia Awais	Demo	MBBS MCPS DGO DIP
Dr Muhammad Umar	Demo	MBBS
Dr Asma Kanwal	Demo	MBBS
Maj® Dr Maria Noor	Demo	MBBS, MCPS
Dr Noor Us Saba Ejaz	Demo	MBBS
Dr Hafsa Shahbaz	Demo	MBBS

FORENSIC MEDICINE

Dr. Arif Rasheed Malik	Prof / Hod	FCPS
Dr Durdana Zafar	Asst Prof	MBBS MPH DMJ
Dr Muskan Fatima	Demo	MBBS
Dr Bushra Rauf	Demo	MBBS
Dr. Hassan Ashfaq	Demo	MBBS
Dr. Aiza Riaz	Demo	MBBS

BEHAVIOURAL SCIENCES & PSYCHIATRY

Brig (R) Shahid Rashid	Prof/ HOD	MBBS FCPS
Dr. Sadia Imran Cheema	Asst Prof	MBBS MCPS FCPS M.Phil
Dr Sania Mumtaz Tahir	Snr Reg	MBBS FCPS
Dr Sameen Hashmi	Demo	MBBS

COMMUNITY MEDICINE

Dr Noreen Rahat	Prof/ HOD	MBBS DMJ M.Phil FCPS
Dr Kamran Khalid	Prof	MPH
Col (R) Dr Rizwan Ullah	Assoc Prof	MPH
Dr Uzma Nazim	Asst Prof	MPH
Brig Dr Muhammad Zia Ullah (R)	Snr Demo	MSc MPH MCPS
Col Dr Imran Samee Waraich	Snr Demo	MCPS DCPS CHPE
Dr. Tanweer Ahmed Qummar	Demo	MPH
Dr. Hanniah Sarwar	Demo	MBBS
Dr. Hassan Ali Durrani	Demo	MBBS
Dr Alina Goheer	Demo	MBBS

MEDICAL EDUCATION

Dr Kamran Khalid	Prof	MPH
Brig (R) Dr Sabir Akbar Zaidi	Snr Demo - Lecturar	MSc
Laraib Qamar	Snr Demo	MBBS

MEDICINE

Brig (R)Dr Muhammad Tahir	Prof/ HOD	MBBS FCPS
Lt Col (R) Dr Amer Ahmad Khan	Prof	MBBS FCPS SCE
Dr. Mushtaq Ahmed Shahid	Assoc Prof	FCPS
Dr Muhammad Farooq	Assoc Prof	MBBS, FCSP, CHPE
Dr Fehmeda Farrukh Khan	Asst Prof	MBBS, MCPS, FCPS
Dr. Muhammad Naveed	Snr Reg	MBBS MD
Dr Sadaf Hammad	Snr Reg	MBBS MRCP MCPS
Dr Wardah Salman	Snr Reg	MBBS MRCP FCPS
Dr Maha Tanveer	Snr Reg	MBBS, FCPS

SURGERY

Dr Sadaqat Ali Khan	Prof/HOD	MBBS MCPS FRCS
Brig (R) Dr Zaka Ullah	Prof	MBBS FCPS
Brig (R) Dr Javaid Sajjad Hashmi	Assoc Prof	MBBS FCPS
Dr. Tahir Ahmad Khan	Assoc Prof	MBBS FCPS FRCS (UK)
Col [®] Dr M.Saeed Akhtar	Assoc Prof	MBBS FCPS CHPE
Dr Syed Asif Raza Kazmi	Asst Prof	MBBS FCPS
Col (R) Dr Khawaja Salman Ahmad	Asst Prof	MBBS FCPS
Dr. Sidra Shafqat	Snr Reg	MBBS FCPS FRCS
Dr M.Gohar Ashfaq	Snr Reg	MBBS, MS(Surg)
Dr Muhammad Usman Ali Khan	Snr Reg	MBBS, FCPS, MRCS

GYNAE-OBST

Dr Shahnaz Kousar	Prof/ HOD	MBBS MCPS FCPS
Maj (R) Dr Mamuna Qayum	Prof	MBBS DGO MCPS FCPS
Dr Munazza Tayyab	Assoc Prof	MBBS FCPS
Dr Shabana Khokhar	Assoc Prof	MBBS FCPS
Dr Ambreen Nasir	Asst Prof	MBBS FCPS
Dr Asma Qamar Mudassar	Asst Prof	MBBS, FCPS, CHPE
Dr Saba Ilyas A. Malik	Asst Prof	MBBS, FCPS
Dr. Nazia Muneer	Snr Reg	MBBS IMM FCPS
Dr Samankal Sara	Snr Reg	MBBS FCPS
Dr Arooj Butt	Snr Reg	MBBS FCPS

ENT

Dr Manzoor Ahmad	Prof/ HOD	FCPS
Brig (R) Naseer Ullah Khan	Prof	FCPS
Dr Azka Khalid	Snr Reg	MBBS, MS

PEDIATRICS

Dr Muhammad Ali Khan	Prof/ HOD	MBBS DCH MRCP
Dr Muhammad Abbas	Assoc Prof	MBBS DCH FCPS
Dr Shazia Naz	Asst Prof	MBBS FCPS
Dr Abeer Sajjad Qadir	Asst Prof	MBBS MRCPCH
Dr Naveed Haider	Asst Prof	MBBS FCPS
Dr Khuzaima	Asst Prof	MBBS FCPS
Dr Sarah Ghias	Snr Reg	MBBS, FCPS

EYE(Ophthalmology)

Prof Dr. Zahid Kamal Siddiqui	Principal HOD	MBBS FCPS FRCS MCPS CME PhD
Dr Muhammad Naeem Rustam	Assoc Prof	MBBS FCPS
Dr Nida Usman	Asst Prof	MBBS FCPS
Brig (R) Dr. Muhammad Saleem Bajwa	Asst Prof	MCPS FCPS
Dr Rayyan Zakir	Snr Reg	MBBS FCPS

ORTHOPEDICS

Dr Asad Ali Ch

Prof

MBBS
D.Orth FACS MS

Dr Amaar Talib

Asst Prof

MBBS FCPS

Dr Adeel Aslam Naroo

Snr Reg

MBBS FCPS

ANESTHESIOLOGY

Dr. Raja Mushtaq Hussain

Prof/ HOD

MBBS FCPS

Dr Abdul Bary

Asst Prof

MBBS FCPS

Dr. Nasrullah Khan Aziz

Snr Reg

MBBS MCPS
FCPS

Dr Aroob Zaki Khawaja

Snr Reg

MBBS FCPS

CARDIOLOGY

Dr. Salman Munir

Assoc Prof

FCPS

Dr. Shahid Iqbal

Snr Reg

FCPS

RADIOLOGY

Dr Asma Tariq

Assoc Prof
HODMBBS EDIR
FRCR FCPS

Dr Mahwish Jabeen

Asst Prof

MBBS FCPS

Dr Meshwish Imtaiz

Snr Reg

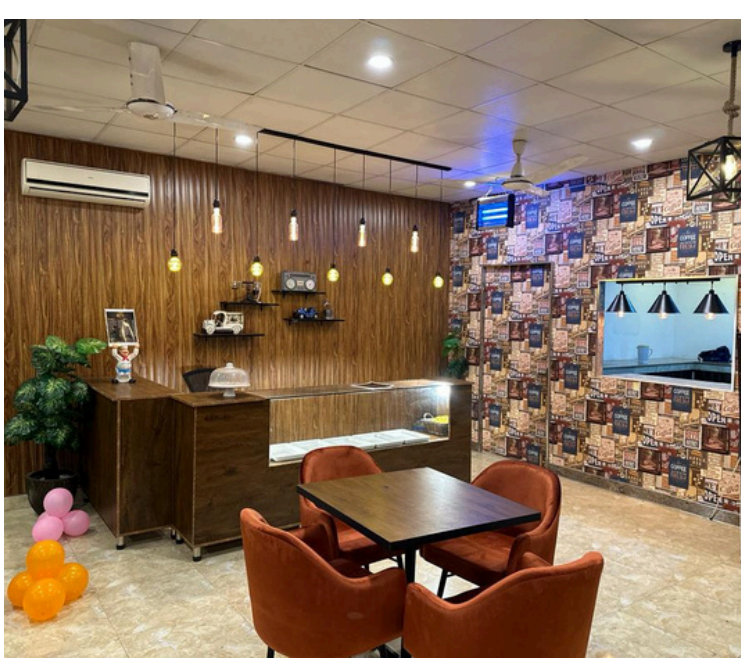
MBBS IMM
FCPS

MEDICINE & ALLIED

Dr. Sajjad Naseer Hashmi	Prof	FCPS MRCP (UK)
Dr Anum Zahra	Snr Reg (Neuro)	FCPS

SURGERY & ALLIED

Dr Manzoor Ahmad	Prof (NeuroSurg)	FCPS
Dr Abdul Manan	Prof (Urologist)	MS
Brig (R) Dr Babar Pasha	Asst Prof	FCPS
Dr. Muhammad Zayed Qamar	Snr Reg (Neuro)	FCPS



1. Knowledge

1.1 Recognize and explain the scientific, including molecular basis of normal health and disease conditions affecting the human body.

1.2 Integrate the basic sciences knowledge to the clinical context in the diagnosis and management of diseases of the human systems.

1.3 Analyze the human psychosocial behavior in relation to health disorders in clinical decision-making.

1.4 Describe the strategies for lifelong learning and apply the same to make professional decisions.

2. Skills

2.1 Elicit accurate and focused medical histories of patients and perform relevant, comprehensive physical examinations.

2.2 Evaluate the use of laboratory tests & imaging studies, and interpret the results to arrive at clinical decision-making.

2.3 Perform the common medical and surgical techniques in clinical settings including the 'basic life support'.

2.4 Formulate and implement plans for the prevention and treatment of diseases and refer patients to experts, if needed.

3. Attitudes and Behaviors

3.1 Demonstrate professionalism and high ethical standards in all aspects of medical practice, specifically competence, honesty, integrity, compassion, respect for others, professional responsibility, and social responsibility.

3.2 Demonstrate the ability to communicate compassionately and effectively, both verbally and in writing, with patients, their families, colleagues, and others with whom physicians must exchange information in carrying out their responsibilities.

3.3 Exhibit appropriate value for the sensitive nature of the doctor-patient relationship and the importance of compassionate communication and active listening, with attention to the patient's familial, cultural, and spiritual circumstances.

3.4 Exhibit a capacity for self-evaluation, and ethical reasoning to form the basis for a self-directed, lifelong engagement in the responsible, committed, compassionate practice of medicine.

- 1. The best way to stay out of trouble, and have fun is to write about what you know.**
- 2. Use caution when you click links that you receive in messages from your friends on your social websites. Treat links in messages on these sites as you would links in email messages.**
- 3. Know what you've posted about yourself. A common way that hackers break into financial or other accounts is by clicking the "Forgot your Password" link on the account login page, to break into your account, they search for the answers to your security questions, such as your birthday, hometown, high school, or mother's middle name. if the site allows, make up your own password questions, and don't draw them from material someone could find with a quick search.**
- 4. Don't trust that a message is from who it says it's from. Hackers can break into accounts and send message that look like they are from your friends, infact they are not. If you suspect a message is fraudulent, use an alternate method to contact your friend to find out. This includes invitations to join new social networks.**
- 5. To avoid to give your email address to your friends, do not allow social networking services to scan your email address book as well. When you join a new social network, you might receive an offer to enter your email address and password to find out if your contacts are on the network. The site might use this information to send email messages to everyone in your contact list or everyone you have ever sent an email message to social networking sites do not explain they are going to do this.**
- 6. Type the address of your social networking site directly into your browser or use your personal bookmarks. If you click a link to your site though email or another website, you might be entering your account name and password into a fake site where your personal information could be stolen.**
- 7. Be selective about who you accept as friend on a social network. Identity thieves create fake profiles in order to get information from you.**
- h. Choose your social network carefully. Evaluate the site you plan to use and make sure you understand the privacy policy. Find out if the site monitors content other people post. You will be providing personal information to this website, so use the same criteria you would to select as site where you enter your credit card.**
- 8. Assume that everything you put on a social networking site is permanent. Even if you can delete your account, anyone on the internet can easily print photos/text or save images/videos to a computer.**
- 9. Be careful about installing extras on your sites. Many social networking sites allow you to download third party applications that let you do more with your personal page. Criminals sometimes use these applications to steal your personal information. To download and use third-party applications safely, take the same safety precautions that you take with any other program of file you download from the web.**

1. All students must display their student ID card at all time while in the college premises and on clinical training in the hospital.
2. Strict and swift action will be taken against a student who is involved in any unseemly behavior or activity like using abusive language, bullying or creating disturbance of any sort in the college.
3. No student is allowed to form groups or call meetings or to represent any body collectively.
4. No student is allowed to temper and deface training, specimens / teaching aids, equipment, work benches, training charts, College / hostel walls, fixture, etc. in any way. The defaulter will be dealt with strictly as per the recommendations of the disciplinary committee.
5. If any damage in any form is caused by any student(s) due to his/her their negligence or deliberate act, it shall be repaired / replaced at the expense of student(s) responsible for the damage, in addition to the punishment recommended by the disciplinary committee.
6. No student(s) are allowed to loiter and move aimlessly in and around college premises or waste their time.
7. Religious / political activity or ceremonies likely to hurt other feelings are not permitted in the college campus & Hostel.
8. Smoking, use of liquor and sedative / Hypnotics / tranquilizer substances are strictly prohibited in the college / hostel premises and may lead to immediate expulsion from the institute or debar from college for one year depending on the gravity of offence.
9. No student is allowed to address any press conference, write to the print or electronic media on political or related matters or any matter directly or indirectly concerned with the administration. No posters of any sort may be placed / displayed without prior, written approval from the administration.
10. All students have to follow the hostel rules and any breach in conduct will lead to swift disciplinary action against them.
11. Breach of discipline and infringement of above-mentioned rules/regulations may lead to immediate and strict disciplinary action leading to potential expulsion from RMDC as per PM&DC rules and regulations. The decision of the principal is final.
12. On breach / violation of any of above will reflect his / her conduct / character during his / her stay in the college. At time of leaving college his / her conduct will be mentioned on their leaving certificate. Following conduct / character will be determined.
 - a) Good:- No violation / breach of discipline during their stay in the college.
 - b) Satisfactory:- Breach of discipline / violation to the college policy done during their stay in the college but pardoned by the principal or disciplinary committee.
 - c) Unsatisfactory:- Commission of violation / breach of policies / discipline multiple times and suffered disciplinary action.
13. Any warning served to the student(s) will also determine his / her character / conduct whether his / her behavior was good, satisfactory or unsatisfactory. Moreover, on completion 5 years MBBS programe request for removal of warning will not be entertained.
14. Piece of Advice: All student(s) are therefore advised to refrain from involving themselves into un towards activities (ie violations) that may affect their conduct / character for the life time.

1st YEAR

ANATOMY
PHYSIOLOGY
BIOCHEMISTRY

2nd YEAR

ANATOMY
PHYSIOLOGY
BIOCHEMISTRY
PAKISTAN STUDIES & ISLAMIC STUDIES

3rd YEAR

FORENSIC MEDICINE AND TOXICOLOGY
PHARMACOLOGY AND THERAPUTICS
GENERAL PATHOLOGY
PSYCHAITRY AND BEHAVIORAL SCIENCES

4th YEAR

SPEACIAL PATHOLOGY
ENT
COMMUNITY MEDICINE
OPHTHALMOLOGY

FINAL YEAR

MEDICINE & ALLIED
SURGERY & ALLIED
GOBSTETRICS & GYNECOLOGY
PEDIATRICS

RAHBAR MEDICAL & DENTAL COLLEGE LAHORE ISO CERTIFIED 9001:2015

RMDC Strictly follows and abides by HEC, PMDC & UHS policies. All guideline regarding admissions, attendance, fee and exams are in accordance with the laid down policies of PMDC & UHS. Students are instructed to follow RMDC code of conduct & relevant rules in the regard. Any breach may lead to strict disciplinary actions.

